



Discovery Retro Run Rules & Regulations

Run:

- **Numbers:** Athletes **must** wear their race numbers on the front of their body
- **Audio/ music devices:** The use of personal audio/ music devices or earphones is prohibited
- **Course cutting:** Short-cutting the course or failing to complete the correct number of laps will lead to disqualification. It is the runner's responsibility to count their own laps and complete the correct amount of laps required
- **Littering:** Do not litter or throw anything outside of the official aid stations. Items include but not limited to water bottles, gel and energy bar wrappers, or clothing.

General Rules:

- It is the participant's responsibility to maintain adequate hydration
- Fellow racers are welcome to assist one another

Conduct:

- Unsportsmanlike behaviour, foul running or the use of profane or abusive language may lead to disqualification

Cut-off Times:

- It is up to the Race Director to enforce, limit or extend the cut-off time of a race for any reason. In such an event, these times will be publicised
- Cut-off times will be in the interest of safety for the athletes

Other:

- Ignorance of rules will not be accepted as an excuse
- No ambush marketing will be tolerated in any way at the race venue or on the race route
- Only sponsors of the event will be allowed any branding within the parameters of the race venue

Cancellation of Race Entry:

- Athletes that are unable to participate, regardless of their reasons, can request cancellation and refund of their entry under the following terms:
 - Until midnight 14 January 2018– 50% refund on entry fee
 - 14 January 2018 and after – 0% refund on entry fee

Please submit your cancellation and refund request to **info@DiscoveryRetroRun.co.za**

Entries close:

- Entries close at midnight 28 January 2018 or when the race capacity has been reached. Once entries close, you may request to be placed on a waiting list and should there be cancellations in your requested event, you will be allocated an entry

Deferment of Entry:

- Deferrals to the 2019 event will not be permitted. However, participants may be allowed to transfer their entry to another athlete. Refer to transfers

Transfer of Entry:

- Entries can be transferred to another person as long as the substitution request is submitted before midnight 28 January 2018. A fee of R 100.00 will apply
To transfer your entry to someone else, submit your request to **info@DiscoveryRetroRun.co.za**

Change in Race Distance:

- Participants can request to transfer their entry between event distances. Should you decide to upgrade from a shorter distance to a longer distance event, you will need to pay the difference in entry fees. In the event of changing from a longer distance to a shorter distance event, we will not be able to refund the difference in entry fee. If you change your event distance:
 - By midnight of 28 January 2018 – no administration fee will be charged
 - From 29 January 2018 and until registration closes – a R100 administration fee will be payable. Please note that by making changes after 29 January, you may forfeit your personalised race number.

Please submit your change of distance request to **info@DiscoveryRetroRun.co.za**.

For more information please email **info@DiscoveryRetroRun.co.za**